

# Vertical Farming: An Agricultural Revolution

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**Abstract-** Vertical farming is becoming a valuable complement to traditional agriculture, enhancing sustainable food production as climate pressures increase. Initially, vertical farming focused on technological advancements like design innovation, automated hydroponic systems, and advanced LED lighting. However, recent studies emphasize improving resilience and sustainability, particularly through water quality and microbial life in hydroponic environments. Plant growth-promoting rhizobacteria (PGPR) have proven effective in boosting plant growth and resilience to both biotic and abiotic stress. Using PGPR in plant-growing media enhances microbial diversity, helping reduce reliance on chemical fertilizers and pesticides. This overview explores the history of vertical farming, its economic, environmental, social, and political opportunities and challenges, and the role of the rhizosphere microbiome in advancing hydroponic systems.

**Index Terms-** Vertical Farming, Sustainability, Hydroponics, Aeroponics, Quality, Conservation.

## I. INTRODUCTION

Vertical and urban farming are not new concepts. The term "vertical farming" was first coined in 1915 by American geologist Gilbert Ellis Bailey, and since then, architects and scientists have continuously explored the idea. The integration of agriculture into built environments is believed to have originated in a Danish farmhouse in the 1950s, where efforts were made to grow cress, a tangy herb related to mustard, on a large scale in a factory setting. Today, fully controlled indoor urban agriculture is gaining popularity in regions such as Europe, Asia, the U.S., Singapore, and South Korea.

Rapid urbanization, natural disasters, global warming, and the uncontrolled use of chemicals and pesticides have significantly impacted soil fertility. As a result, soil productivity has sharply declined, and the amount of available land per person has diminished. Additionally, climate change, rising temperatures, frequent droughts, and unpredictable weather patterns are challenging watershed water resources. Excessive water use for irrigation, unchecked pollution, and declining groundwater levels further threaten water supplies.

With the global population projected to reach 8.9 billion by 2050, food production must increase by 50%, requiring more arable land—land that is simply not available. It is estimated that by 2050, arable land per capita will shrink to less than 0.20 hectares, less than a third of what it was in 1970. These issues pose significant risks to traditional soil-based agriculture, making food production increasingly difficult. To address this, more efficient and environmentally friendly modern farming techniques must supplement soil-based methods. Decreased soil productivity, depleted nutrients,

limited irrigation water, and climate change highlight the need for these innovations, with soil-free cultivation systems offering a potential solution to these contemporary challenges. The rapid urbanization and population growth pose a significant challenge to global food security. As traditional farming methods fall short of meeting the rising demand for fresh produce, innovative solutions are essential for sustainably feeding urban populations. Vertical farming, a promising new agricultural model, has garnered attention for its potential to transform food production in cities. This review explores the complex relationship between vertical farming, its integration with architecture, and its key role in tackling the pressing issue of food security.

Vertical farming involves growing crops in vertically stacked layers, often integrated into structures like skyscrapers or repurposed buildings. This method uses less water and eliminates the need for soil. Modern vertical farming relies on indoor farming techniques and controlled environment agriculture (CEA), where environmental factors such as light, humidity, and temperature are carefully managed. It also incorporates biofortification, which enhances the nutritional value of crops. This advanced agricultural technology is especially valuable when traditional farming resources, like land, are scarce. Vertical farming commonly uses soilless methods like hydroponics, aquaponics, and aeroponics to optimize plant growth. Structures such as buildings, shipping containers, tunnels, and abandoned mine shafts are often used to house these systems. This paper examines the methodologies, harvesting techniques, water management, and crop cultivation processes involved in vertical farming.

Urban areas, with their limited space and increasing populations, require innovative solutions to produce food in a

way that conserves resources and supports environmental sustainability. Vertical farming addresses this need by utilizing vertical space, employing advanced growing systems, and blending with urban architecture to make the most of available land. The integration of agriculture and architecture emerges as a key aspect in designing structures that are not only practical and visually appealing but also environmentally responsible, enhancing food security in cities.

The contemporary concept of vertical farming incorporates controlled-environment agriculture (CEA) technology, enabling full control over environmental conditions. These facilities manage light, humidity, temperature, and gases through artificial means, and use fertigation to nourish crops, which are grown exclusively in a water-based solution, making it difficult to compare with traditional soil-based farming. However, a study introduced vertical soil planting, where plants were cultivated in upright cylindrical columns and compared to a conventional horizontal hydroponic system (HHS). The vertical farming system (VFS) yielded more crops per unit of growing area than the HHS, but light distribution and shoot fresh weight diminished from the top to the bottom of the VFS.

Automation has become crucial across various fields for controlling and monitoring factors like water supply, room temperature, and voltage regulation. This research proposes the development of a cost-effective vertical farming automation system (VFAS) that enhances food production efficiency by incorporating low-voltage sensor technology to reduce resource waste and maximize output. With the use of humidity, light, and temperature sensors, the system will monitor plant performance in real time, determining the optimal times to provide water and light for plant growth.[11]

## II. VERTICAL FARMING: A BRIEF HISTORY

Vertical farming has been defined in various ways, influenced by factors such as size, density, level of control, layout, building type, location, and intended purpose. As a result, different stakeholders may view vertical farming as anything from a small-scale crop production method to a critical solution for future food security. Additional confusion arises from the interchangeable use of the terms "vertical farming" (as an activity) and "vertical farm" (as a noun).

In its simplest form, vertical farming refers to the multilayered cultivation of plants to increase yield per surface area. For this review, a "vertical farm" is defined, according to Sharath Kumar et al., as an indoor plant production system where all growth factors—such as light, temperature, humidity, carbon dioxide, water, and nutrients—are carefully controlled to ensure year-round production of high-quality crops, independent of natural light or outdoor conditions.

Vertical farms can be classified based on their size and function:

- Plant factory with artificial lighting (PFAL): A large, industrial-scale vertical farm housed in a dedicated building.
- Container farm: A modular vertical farm set up inside a shipping container.
- In-store farm: A vertical farm located at the point of sale or consumption, such as in retail stores or restaurants.
- Appliance farm: A small-scale vertical farm designed for homes or offices.



Figure 1: Un-splash Images

Examples of vertical farming date back to 600 BC, with the Hanging Gardens of Babylon, one of the Seven Wonders of the Ancient World celebrated by Hellenic culture. In 1909, a cartoon by A.B. Walker appeared in Life magazine, showing a skyscraper with vertically stacked homes in a rural landscape. This illustration had a lasting impact on architecture and inspired Rem Koolhaas's influential book *Delirious New York* (1978), where he viewed it as a theoretical model for the ideal function of a skyscraper.

The term "vertical farming" was first introduced by geologist Gilbert Ellis Bailey in 1915, though he used it in a different context, referring to farming deeper into the soil using explosives to access greater root depth. A more modern interpretation of vertical farming appeared in the Belgian comic strip *Suske en Wiske* (English: Spike and Suzy) in the story *Op het eiland Amoras* by Willy Vandersteen. [1]

## III. TECHNIQUES OF VERTICAL FARMING

Vertical farms vary in form, from simple two-level or wall-mounted setups to large, multi-story structures housed in expansive warehouses. However, all vertical farms rely on one of three soil-free systems—hydroponic, aeroponic, or aquaponic—to deliver nutrients to plants. Here's an overview of these systems:

### 1. Hydroponics

This is the most common growing system in vertical farms, where plants are cultivated without soil. Instead, their roots are immersed in a nutrient-rich liquid solution.

In hydroponic systems, nutrient solutions contain essential macronutrients like nitrogen, phosphorus, sulphur, potassium, calcium, and magnesium, along with trace elements such as iron, chlorine, manganese, boron, zinc, copper, and molybdenum. To protect the plant roots, inert materials like dirt, sand, and sawdust are used as substitutes for soil. Hydroponics offers significant advantages, including the ability to boost crop yield per area and reduce water usage. Research indicates that hydroponic farming can produce up to 11 times more lettuce per area compared to traditional farming while using 13 times less water. Due to these benefits, hydroponics is the most commonly used method in vertical farming.

### 2. Aeroponics

Developed by NASA in the 1990s, this innovative method was designed for indoor plant growth, particularly for space exploration. NASA coined the term "aeroponics," which refers to growing plants without soil and with minimal water, using an air/mist environment. While still relatively rare in vertical farming, aeroponic systems are gaining significant attention. These systems use up to 90% less water than even the most efficient hydroponic systems, making them the most water-efficient method for vertical farming. Studies also show that plants grown aeroponically absorb more nutrients and vitamins, resulting in healthier and potentially more nutritious crops. Though not yet widely adopted in vertical farming, aeroponics is beginning to draw considerable interest.

### 3. Aquaponics

Aquaponics combines two concepts: aquaculture, or fish farming, and hydroponics, the method of growing plants without soil. This system builds upon hydroponics by integrating plants and fish into the same environment. Fish are raised in indoor ponds, producing nutrient-rich waste that serves as a natural fertilizer for the plants. In turn, the plants filter and clean the water, which is then recirculated back to the fish ponds. Although aquaponics is more commonly used in smaller vertical farming systems, most commercial vertical farms focus on fast-growing vegetable crops and typically do not include aquaponics due to economic and productivity challenges. However, new standardized aquaponic systems have the potential to make this closed-loop system more widespread. Vertical farming systems can also be categorized based on the type of structure in which they are housed.

### 4. Controlled-environment agriculture (CEA)

CEA involves modifying the natural environment to enhance crop yields or extend the growing season. These systems are typically housed in enclosed structures like greenhouses or

buildings, where key environmental factors—such as air quality, temperature, light, water, humidity, carbon dioxide, and plant nutrition—are closely monitored and controlled. In vertical farming, CEA is commonly integrated with soil-free growing methods like hydroponics, aquaponics, and aeroponics to optimize plant growth.[10]

## IV. VERTICAL FARMING MARKETS AND INDUSTRY CHALLENGES

In the past decade, significant advancements in technology have driven substantial growth in the vertical farming (VF) sector. This growth is largely attributed to reductions in operational expenditure (OpEx) and capital expenditure (CapEx) resulting from improvements in light-emitting diode (LED) technology, automation, and advanced greenhouse techniques. Despite an initial surge in the VF sector, widespread adoption has been hindered by a lack of trained personnel. Concerns regarding limited crop choices, high energy demands from artificial lighting, substantial CapEx for equipment and real estate, and financial uncertainties contribute to skepticism surrounding VF.

Economic viability remains a major challenge for VF projects. While some surveys indicate that profitable operations do exist, the steep learning curve and high financial risks deter many investors. The sector has seen numerous startups fail due to cash flow issues, underestimated labour costs, insufficient VF knowledge and education, inefficient workflows, low profit margins, costly equipment failures, and poor early decisions regarding pricing, crop selection, and location. Preliminary studies suggest that around 85% of food-focused vertical farms fail within a few years without additional capital investment, with many struggling to achieve a return on investment (ROI) above 10%. As Paul Gauthier from Princeton University's Vertical Farming Project notes, while vertical farms may function as a technical concept, succeeding as a viable business is a different challenge altogether.

The risks and investment requirements create a level of secrecy around business models and lessons learned, with some insiders labelling certain investments as mere "smoke and mirrors." Nonetheless, collaboration is increasingly recognized as vital for success, and academic research is essential to support the sector's growth. A comprehensive approach, termed the "urban food-water-energy nexus," is necessary for sustainable development, emphasizing the need for cross-sector collaboration among researchers, businesses, and policymakers.

Currently, producing detailed financial analyses of CapEx, OpEx, and revenues is challenging due to the complexities of merging architecture and agriculture. Existing calculations are



often scenario-specific and difficult to generalize. A clear profitability plan is essential from an investment standpoint. As vertical farming is still a relatively new agricultural model in many regions, operators often struggle to secure funding. To improve this situation, best practices that enhance investor confidence must be made more accessible, allowing them to identify promising models effectively.

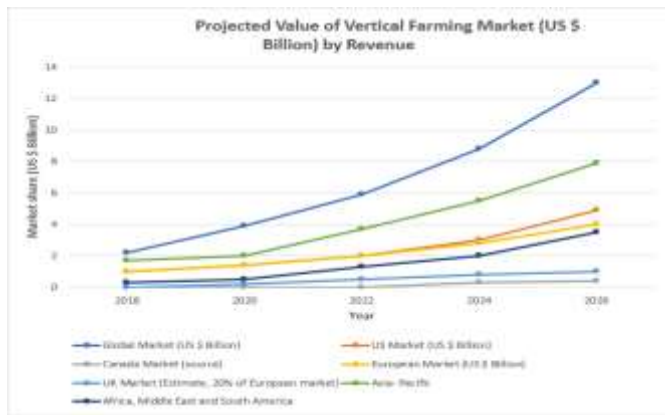


Figure 2: The expected market growth for VF by revenue from aggregated values and averaged compounded annual growth rates values

Investors are beginning to see vertical farming as a long-term investment that requires patient capital. To lower entry barriers and foster sustainable growth in this emerging industry, two key areas need attention: bridging knowledge across various sectors—such as lighting, greenhouse management, architecture, and policy—and developing a comprehensive and adaptable economic analysis.[9]

## V. SMART DEVICES USED IN VERTICAL FARMING

Vertical farming operates as a fully automated system that heavily relies on sensors and actuators, often referred to as smart equipment, which communicate with other systems without human intervention. To effectively implement vertical farming technology, a comprehensive monitoring system is essential. This system continuously gathers environmental data and generates relevant information and services.

A database maintains all pertinent information about the crops, including potential diseases. Even for crops grown indoors, outdoor weather conditions must be considered, so real-time weather data is sourced from forecasts to inform decision-making. Understanding the quantity of crops to be produced and the likelihood of diseases is crucial for creating a healthy environment for food production and preventing disease. Integrating a control agent with the necessary system knowledge enhances decision-making support. Key concepts

in this system include context, devices, services, environment, network, location, and user.[12]

## Working Principles of Vertical Farming

There are four key aspects to understanding how vertical farming operates:

- **Physical Layout:** The main objective of vertical farming is to maximize food production per square meter, which is achieved by stacking crops vertically.
- **Materials:** The building's façade is often constructed from a self-cleaning, transparent material like ETFE (ethylene tetrafluoroethylene), which allows 95% of sunlight to enter. The layers of ETFE are maintained at different pressures, enabling the façade to open and close in response to sunlight intensity.
- **Lighting:** Lighting is crucial for crop growth in vertical farming. A balanced mix of natural and artificial light is employed to achieve optimal lighting conditions. Technologies such as rotating beds enhance lighting efficiency, while artificial lighting options include LEDs and solar cells. A range of light intensities is necessary to promote healthy crop growth.
- **Growing Medium:** Instead of using soil, vertical farms utilize hydroponics (immersing plant roots in a nutrient solution), aeroponics (spraying nutrient mist on roots), or aquaponics. Common non-soil growing mediums include peat moss and coconut husks. It is important that these mediums have good moisture retention and provide sufficient nutrients for the plants.[12]

## VI. CONCEPT OF VERTICAL FARM

Vertical farming involves cultivating crops within structures like skyscrapers or repurposed warehouses instead of in traditional soil. This method conserves water and eliminates dependence on soil, allowing food production to continue unaffected by weather or other natural factors. A diverse range of plant species can thrive year-round in controlled environments where light, humidity, and temperature are continuously monitored and adjusted. The goal of vertical farming is to enhance production efficiency. Indoor food and medicine production can be achieved by artificially controlling temperature, light, humidity, and gases, while closed growing systems help keep chemicals out of the environment. The concept of vertical farming was first introduced in 1915, and it was modernized in 1999, with significant contributions from pioneers in the field. Growing food vertically shares some techniques with using metal reflectors and fluorescent lighting in greenhouses. Currently, farmers face numerous challenges, including drought risks affecting millions of people and pesticide poisoning resulting in significant fatalities, particularly in developing countries. Rapid urbanization and industrialization are reducing available farmland and diminishing the effectiveness of

traditional farming methods, which have negative environmental impacts.

To sustainably feed the world's growing population, agricultural techniques must evolve. Utilizing modified growing media can support sustainable production and help conserve land and water resources. Soilless agriculture is emerging as a viable alternative for cultivating healthy food crops in today's context.[2]

An indoor vertical farm can operate without soil by using hydroponics, a method that involves growing plants in a nutrient solution instead of soil. In this technique, plants are supported in a medium like rock wool or perlite, or their roots are directly immersed in the nutrient liquid through the nutrient-film method.

Air conditioning maintains a steady airflow that can be enriched with carbon dioxide (CO<sub>2</sub>) to enhance plant growth and development. Both the ambient and nutrient temperatures can be regulated to optimize growth rates. Any nutrients and water not absorbed by the roots can be recycled within the system, preventing waste. This method aligns with controlled environment agriculture and can be employed to grow a diverse array of crops, pharmaceuticals, or herbs.[3]

Vertical farms extend beyond food production to offer innovative solutions for municipal water recycling. Cities are the largest consumers of drinking water, which often becomes liquid municipal waste. This wastewater is typically treated to remove solids and pathogens before being released into nearby bodies of water.

However, this linear approach to water usage squanders both economic and environmental resources. Instead of merely disposing of treated wastewater, vertical farms could serve as an additional step in the purification process, restoring the water to drinking quality. In this model, treated wastewater would be repurposed as irrigation water for standalone vertical farms, creating a more sustainable and efficient water management system.[5]

The contemporary concept of vertical farming employs controlled-environment agriculture (CEA) technology, allowing for precise control over all environmental factors. These facilities manage artificial lighting, as well as humidity, temperature, and gas levels, and use fertigation. However, crops are typically grown in a nutrient solution, distinguishing this method from traditional soil planting.

Research has explored vertical soil planting, where plants are cultivated in upright cylindrical columns and compared to a conventional horizontal hydroponic system. The vertical farming system demonstrated higher crop yields per unit of growing space compared to the horizontal hydroponic system.

However, it also showed a significant decrease in light distribution and shoot fresh weight from the top to the bottom of the columns.[11]

Researchers suggest that while constructing vertical farms may be costly, their operational expenses are generally lower than those of traditional land-based farms. Additionally, produce from vertical farms is often of superior quality and free from pollutants, as it relies primarily on water and nutrients.

This allows for higher prices for these crops. Traditional farming presents numerous challenges, including weather-related disasters, long labour hours, unpredictable yields, and susceptibility to pests and diseases, all of which can lead to lower returns on investment. In contrast, vertical farming offers a potentially more efficient and productive alternative, with easier operations and improved yield percentages.[6]

## VII. SOCIO-ECONOMIC DIMENSIONS OF VERTICAL FARMING

Vertical farming has the potential to greatly enhance food production while minimizing the environmental impact of agriculture by using less land, water, chemicals, and fertilizers, thus improving overall efficiency. While the environmental advantages of vertical farming are well-established, economic viability poses a significant challenge. Despite the high initial costs, the economic benefits of increased efficiency and reduced resource consumption, along with greater sustainability, clearly outweigh these expenses:

- Vertical farms use less water and land to produce the same or greater quantities of food compared to traditional farming.
- They are less affected by external environmental conditions that often add costs for conventional farmers.
- Controlling nutrient levels and ambient temperatures helps optimize plant growth and nutritional content.
- Reduced transportation needs lower costs.
- In India, the cost of setting up a vertical farm varies by product. For personal use, the initial investment is around Rs. 4,000 to 5,000, which can increase to Rs. 8,000 to 10,000 based on individual requirements.

Women play a crucial role in urban agriculture, contributing to both income generation and family food security. Female farmers can profit from selling surplus produce from their urban farming efforts.

Although tasks like weeding, which women typically handle due to their precision, are not necessary in vertical farming, there are many opportunities for women in roles such as maintaining water levels, applying nutrients, harvesting, and threshing, all of which tend to offer better pay.[12]

S. No	Benefit	Environmental	Social	Economic
1.	Decreased travel distances	Lowering levels of pollution in the air	Environmental and human health benefit. Fresh local food is delivered to the consumer.	Lowered energy, packaging and fuel to transport food.
2.	Utilizing high-tech irrigation systems as well as wastewater reuse to set limits on water usage	Lowered surface runoff in traditional farms.	Water security	Cost reduction.
3.	Strict regulation of food organic waste management	Protection of environment by reduction of landfills.	Quality improvement in food, consequently consumer's health.	Conserving refuse to avoid
4.	Job creation	Reduced ecological footprint due to less work by people	Corporate with farmers to build a local workforce as well as social networks.	Locals are benefited financially
5.	Reduced application of pesticides.	Improvement in soil-being ecologically.	Improve in quality of food, consequently health of consumers.	Reduced costs.
6.	Enhanced productivity	Requires lesser space.	Reduce the amount of food you spend along the same thing and eat less, just, and use that time to engage in more satisfying and meaningful activities.	Provide higher yields.
7.	Yield reduction due to floods, periods of drought, hurricanes, especially when exposed to sunlight and seasonal shifts by using these techniques.	Reduce ecological harm and farm clean-ups after a disaster occurs.	Improvement in food security.	Eliminating economic loss.
8.	Management of produce irrespective of seasons.	Produce as per season requirements	Enhance the year-round availability and	Economic activities round the year.

As urban sprawl consumes more farmland, urban farming is also facing challenges due to limited space and high costs. There is an urgent need for innovative solutions to address this global crisis. Vertical farming presents a promising approach, operating on the principle of maximizing food production in smaller areas. These farms can create compact, self-sufficient ecosystems capable of various functions, from food production to waste management.

Vertical farming offers numerous advantages, including sustainable food production, energy and water savings, reduced pollution, and enhanced economic opportunities. Crops grown in controlled environments are less affected by external factors like climate, pests, and water quality. Indoor farming, being independent of weather, can yield higher production rates and provide a stable income source.

Additionally, reducing the distance between farms and local markets can lower transportation costs and greenhouse gas emissions. Urban areas may also benefit from the creation of green jobs through vertical farming initiatives. Furthermore, vertical farms could help alleviate the land shortages faced by the agricultural sector. The availability of arable land per person has significantly decreased over the years, and a considerable portion of arable land has suffered degradation. As such, the demand for agricultural products is likely to increase, necessitating an expansion of agricultural land comparable to the size of Brazil by 2050 to meet global caloric needs.

9.	By the use of renewable energy	Reduction in fossil fuels.	Reduction in cost	Reduction in cost
10.	Integrate the city with nature	Enhancing biodiversity	Improvement in quality of air, health, stress reduction, and improved mental health are all goals that should be pursued.	Job creation in urban areas
11.	Promoting high-tech and green industries	Reduce harm to humans and the environment is reduced through the use of green technology.	Promote higher education to help to increase the number of people with relevant skills in the workforce.	Engineers, technicians, biotechnologists, construction and maintenance workers, and researchers will all benefit from this expansion.
12.	Farming in a more sustainable way	Preserving natural ecosystems	Improvement in the health of citizens.	The cost savings necessary to address environmental factors.
13.	Utilizing previously abandoned structures	Improve the surroundings, removing harmful and toxic from communities.	Create chances for people to interact with one another.	Revival of economy.

Securing funding and scaling up are key challenges faced by the vertical farming (VF) industry, as highlighted by the CEA Census. Experts suggest that these issues can be mitigated by focusing on effective process flow. The increasingly manufacturing-focused approach of high-tech indoor farming allows for the application of systematic methodologies, such as lean manufacturing principles. Additionally, because many vertical farms are situated close to consumption points, they can engage in a broader range of value-added activities, including processing, packaging, marketing, and delivery. This positioning makes vertical farming a strong candidate for methods that enhance value-added systems.[13]

### Need of Vertical Farming Food Security:

Food security has emerged as a pressing issue in today's world. Experts predict a significant increase in urban populations in the coming decades, alongside a growing scarcity of farmland. This situation raises concerns that food demand could outstrip supply, potentially leading to global famine. Projections indicate that by 2050, the global population could rise by 40%, exceeding 9 billion people. Consequently, we will need to produce 70% more food to support this additional population.

Table 1: Estimated yield of a Vertical Farm compared to traditional agriculture

Crops	Yield in VF due to Tech (tons/ha)	Field Yield (tons/ha)
Carrots	58	30
Radish	23	15
Potatoes	150	28
Tomatoes	155	45
Pepper	133	30
Strawberry	69	30
Peas	9	6
Cabbage	67	50
Lettuce	37	25
Spinach	22	12
Total (Average)	71	28

Source: Designed in a CE Study by the author at DLR Bremen. [12]

### Future of Vertical Farming

The 2020 World Population Data Sheet indicates that the global population is projected to rise from 7.8 billion in 2020 to 9.9 billion by 2050. Additionally, by that time, more than 6 billion people are expected to reside in urban areas, with 90% of them in developing countries. This rapid growth and the emergence of megacities could lead to unsustainable and environmentally harmful conditions. Global forecasts also suggest that agricultural land can only increase by an additional 2% by 2040. To support this expanding population, innovative technologies like vertical farming offer a promising alternative to traditional agricultural methods.[12]



Future research in this field should explore specific techniques and applications for different types of indoor farms. There are various hydroponic methods, including the Nutrient Film Technique (NFT), Wick System, Water Culture, Ebb and Flow (Flood and Drain), Drip Feed System, and Aeroponic Systems. Quantitative research is necessary to accurately assess the advantages and disadvantages of different vertical farming categories. Long-term studies should also prioritize making advanced vertical farming equipment accessible to low- and middle-income countries. Researchers need to focus on developing and enhancing local farming practices to implement vertical farming projects effectively in these regions. This could involve creating water-saving recycling systems, designing localized irrigation methods, and utilizing local solar energy to provide free, clean power for homes and businesses.[2]

While vertical farming creates a controlled environment for growing crops, there is still a lack of understanding regarding the long-term nutritional quality of the produce. Future research should focus on evaluating the nutritional content of crops cultivated in vertical farms and comparing it to those grown using traditional methods, addressing any concerns about nutrient levels.[8]

The economic viability of vertical farming is also a subject of ongoing investigation. There is a need for comprehensive studies that refine business models, analyze cost-benefit ratios, and identify strategies to improve profitability. Research should explore methods to make vertical farming financially accessible and competitive within the larger agricultural market.[6]

### Start-up Costs

In cities like Melbourne and Sydney, the startup costs for vertical farming are primarily driven by the high prices of urban real estate compared to rural land, along with depreciation costs for equipment. While there may be opportunities for repurposing disused warehouses or land reclamation, these options aren't likely to provide large-scale solutions. A critical concern for investors is determining the time it will take to reach the break-even point. One significant drawback of establishing farms in densely populated areas near the central business district is the exorbitant property costs. For instance, in 2016, the median apartment value in Melbourne's lowest quartile was approximately \$349,000.

A recent report by the Victorian government recommended a minimum apartment size of 65 square meters for comfort, suggesting an average size of 100 square meters would lead to a potential cost of about \$3,491 per square meter for urban arable land. In contrast, for a theoretical 10-story vertical farm, the land cost per usable unit would drop to around \$349 per square meter. By comparison, rural land values in Victoria were approximately \$3,967 per hectare in 2015, equating to

\$0.40 per square meter. These figures are rough estimates and could vary with building modifications, but they clearly illustrate the vast disparity in land costs.

The trend of increasing divergence between urban and rural land prices is likely to pose ongoing challenges for urban farming initiatives. A startup urban farm could face initial costs of about \$317 per square meter for arable land, excluding construction and setup costs, which would ultimately impact product pricing. Additionally, traditional single-level greenhouses outside urban areas have been estimated to cost around \$317 per square meter in Victoria, whereas in developing countries, costs can be as low as \$0.79 to \$1.58 per square meter. According to some estimates, indoor farming can yield five times the amount of produce compared to traditional field farming, lowering effective costs to around \$70 per square meter. This suggests that potential productivity on the same land area could increase by up to 50 times. A variation of vertical farming involves single-level high-ceiling greenhouses with multiple stacked racks, further improving infrastructure efficiency.[3]

As a result, a significant portion of the lighting required for vertical farming would need to come from artificial sources, relying on electricity, which is resource-intensive, instead of using free sunlight. This led us to pose the question: "What would be the impact of a vertical farming initiative large enough to allow the removal of, say, the 53 million acres of wheat currently grown in the U.S.?" This isn't an unreasonable inquiry. In fact, it aligns with Despommier's rationale for advocating vertical farming. He rightly points out that soil is being heavily degraded on a vast scale, so in order to tackle this issue, vertical farming would need to replace a substantial portion of the land currently used for agriculture.[7]

### Challenges and Limitations

Vertical farming offers a promising solution to many challenges in modern agriculture, but it also presents a range of complexities and obstacles. As the potential of this innovative food production method is explored, it's essential to recognize and tackle the associated challenges and limitations. The advanced technologies used in vertical farming, such as sensors, AI, and robotics, can complicate maintenance and operation. These systems require specialized knowledge and skilled personnel for installation, monitoring, and troubleshooting, making it vital to simplify these components to enhance usability and accessibility for broader adoption.

While technological advancements improve efficiency, their high costs can deter potential adopters. The expenses associated with high-tech sensors, AI algorithms, and precision robotics need to be reduced through innovation, mass production, and economies of scale to make vertical farming more accessible and financially viable.

The economic viability of vertical farming is crucial for its scalability. To compete with traditional agriculture and gain widespread acceptance, vertical farming must prove cost-effectiveness and competitive pricing. Strategies that optimize resource use, minimize waste, and scale production while maintaining quality are essential for achieving economic feasibility on a larger scale.

Public perception and acceptance are also key to the widespread adoption of vertical farming. Educating consumers, policymakers, and stakeholders about the benefits of vertically farmed produce and addressing concerns about its "naturalness" are important steps in fostering a positive outlook toward this method.

Vertical farming embodies forward-thinking strategies aimed at ensuring urban sustainability by addressing food security challenges. Cities are already grappling with food shortages, while food prices continue to rise due to factors like escalating oil prices, water scarcity, and the depletion of agricultural resources. Current methods of supplying food to urban areas face significant environmental and economic issues, such as the inefficiencies of transporting food over long distances. Vertical farming offers a solution to these challenges by growing food in a more efficient and sustainable way, conserving energy, water, and fossil fuels, reducing harmful chemicals, and helping to restore ecosystems. Additionally, it creates new employment opportunities. The rapid expansion of smaller-scale vertical farming projects has showcased successful examples of repurposing vacant industrial spaces for this innovative approach.[4]

Addressing the challenges of vertical farming, which include architectural integration, technological limitations, and scalability, requires a holistic and collaborative approach. This involves combining technological innovation, regulatory support, and public awareness. As the world strives for sustainable and resilient food production, overcoming these hurdles will be crucial in realizing the full potential of vertical farming as a transformative solution to global food security challenges.

This paper explores three key areas: addressing challenges in architectural integration, examining technological limitations and potential improvements, and considering the scalability and widespread adoption of vertical farming.

One major challenge in architectural integration is the limited availability of space in urban areas. While vertical farming seeks to optimize space by utilizing vertical structures, finding appropriate locations that can accommodate the necessary infrastructure remains difficult. This scarcity may limit the integration of vertical farming in densely populated cities. Integrating vertical farms into existing urban frameworks must comply with building codes and regulations. The design

and construction of these systems need to adhere to safety standards, zoning laws, and environmental guidelines. Navigating these bureaucratic processes and obtaining necessary approvals can be time-consuming and act as a barrier to seamless integration.

Establishing vertical farms with integrated architectural designs often involves significant initial infrastructure costs. Creating controlled environments, installing advanced technology, and meeting architectural specifications can be financially challenging. It is crucial to balance these upfront costs with long-term benefits to ensure the economic viability of vertical farming projects.

Despite advancements in energy-efficient technologies, vertical farming systems still consume substantial energy. The operation of artificial lighting, climate control systems, and other technological components contributes to overall energy demands. Focusing on reducing energy consumption by developing more efficient technologies and integrating renewable energy sources is an important area for improvement.[8]

## VIII. CONCLUSION

The vertical farming (VF) industry is expected to gain momentum in the coming years, driven by global challenges and advancements in technology. Despite growing investment from venture capitalists and significant funding from those aiming to disrupt the leafy green, salad, and herb markets, establishing profitable and scalable business models remains challenging. Achieving profitability requires a comprehensive, comparative, and scientifically grounded economic analysis. This analysis should consider the effects of learning curves, as well as risks and uncertainties, to provide accurate financial projections for entrepreneurs. Key factors identified for improving profitability include collaboration, rapid advancements in LED efficiency over the next few years, and premium pricing for VF crops. The proposed decision support system (DSS) framework is designed to help users develop sustainable business strategies and risk-aware business plans to meet the desired return on investment for investors and farm owners.[9]

Vertical farming (VF) offers unparalleled control and rapid crop cycles, allowing for the application of manufacturing methodologies. Although industry experts recognize the potential benefits of incorporating these methodologies, there is little available guidance or literature on the subject. After evaluating various process improvement approaches for VF, the authors identified lean principles as a solution to address the labor challenges reported in the sector. This paper is the first to provide guidelines for integrating lean manufacturing principles into a VF context.



The authors examine three lean principles, as defined by Womack and Jones, and demonstrate their application in VF through a case study of Farm Urban. They highlight the potential for significant improvements with minimal changes, such as measuring the time between value-adding activities to pinpoint bottlenecks and reducing non-value-adding activities. Specific techniques are suggested to minimize excess storage, batch processing, inefficient workflows, and crop cycle times. By implementing the FIFO (First In, First Out) principle, production scheduling can be simplified, resulting in quicker harvest cycles through optimized growth conditions.[13]

Vertical farms are a relatively new concept in urban areas, but interest in this approach is steadily growing, with more vertical farms emerging worldwide each year. Various types of vertical farms are being researched globally, and advancements in technology are expected to enhance their energy efficiency and profitability in the future. In the short term, most vertical farms will likely focus on high-yield, fast-growing crops like salad greens, with nearby restaurants often purchasing the entire harvest. While it remains uncertain whether vertical farms will become widespread, urban planners and sustainable agriculture advocates are closely monitoring the innovative vertical farms currently in development or operation.[10]

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